

## Damodar Kunada and Muktinath Tour

### Package Highlights

- Fly with small Helicopter to Damodar Kunda and Muktinath temple
- Enough time in Muktinath temple and Damodar Kunda to explore around
- The best season is from month of March till October

### Trip Facts

- Starting Price: US\$0.00 (Per Person)
- Duration: 1 Day
- Grade: NA
- Destination: Nepal
- Meals: Breakfast
- Transportation: By Air
- Trekking Style: Tour
- Accommodation: Hotel
- Max. Altitude: 4,890 Damodar Kunda
- Min. Pax: Any
- Best Season : Month of March till October

### Itinerary Details

#### Cost Includes

- Airport drop and pickup
- Chartered Helicopter flight
- Muktinath and Damodar Kunda Permit

#### Cost Excludes

- Personal expenses
- Any foods and accommodation (We can offer you full board package including all the foods, accommodation, sightseeing and others)

### Useful Note

#### Legend of Damodar Kunda

Damodar Kunda (lake) is famous for Hindu religion. Barah Puran has narrated the damodar kund's religions significance. While describing Domodar Kund, River Kaligandaki can't be left untouched. River Kaligandaki has its source in Damodar Kund and

throughout its flow to south right up to Indian border carries a manifestation of lying lord Vishnu with Damodar kund jeweled as His auspicious Head and with Muktinath as the mouth, Shaligram Chakra as chest Ru Ru Kshetra of Palpa district as the waist, Devaghatam as the Knee and lastly the auspicious feet of lord Vishnu goes to the credit of Gajendra Moksha devadham, Nawal Parasi. Such a beautiful elaboration of the lord, one may find starting from the auspicious lakes of Damodar Kund.

In the second column of Barah Puran, Lord Krishna has said that who pays a visit to this Kunda and takes a deep-bath, they will be freed from all the sin. It is also mentioned in Puran that two sons of Kubers were suffering from their wrongdoing & sin, which they did in their previous birth but lord Krishna suggested them to take bath in this Kunda and immediately after taking bath in this Kunda they were released from all their sin. So the importance of a visit to this sacred place cannot be described in a short paragraph.

**Damodar Kunda** is the main source of the Kali Gandaki river and Saligram. Also, it is the starting point of Muktishetra and related to **Guru Rinpoche**. In Tibetan language, Damodar Kunda is also called as “Men-Chu.”

### **Legend of Muktinath temple according to Hinduism**

Muktinath is one of the most ancient temples of Lord Vishnu. According to Hindu mythology, there was a huge battle between Lord Shiva and Jalandhar (powerful king of demons). The demon was evil-minded, he crossed the limit and attack Kailash to achieve Parvati (wife of Lord Shiva). Then Jalandhar used his power and change himself to duplicate Shiva. Since Parvati has the spiritual power she easily notices the reality and quickly called Shiva for help. Soon after the battle started between them, but he (Jalandhar) was quite safe because of her wife’s faithfulness.

Later other gods decide to use a little trick to destroy a massive evil. In this, Lord Vishnu utilize his power and turn into duplicate Jalandhar and present himself to Vrinda. She (Vrinda) failed to notice and behaved like her husband. After this, she loses her devotion and Lord Shiva slaughter Jalandhar. At last, Vrinda learns the truth and she curses Lord Vishnu to spend the rest of life as Shila (stone). Thus, after that Lord Vishnu take birth as Shaligram in Muktinath area.

### **Legend of Muktinath temple according to Buddhism**

In the Buddhist community, Muktinath Temple is widely popular as Chumming Gyatsa. The meaning of Chumming Gyatsa in Tibetan is “Hundred-Water”. Among the twenty-four prominent Tantric places, Chumming Gyatsa is one of them. It is also the home of 21 Taras (Starts), the Dakinis goddesses (Sky Dancers). There is a strong belief, the founder of Tibetan Buddhism “Guru Rinpoche- aka Padmasambhava” mediate here on the way to Tibet from India.

### **Trip Note**

Damodar Kunda and Muktinath tour also can do with long days trekking. If you are looking for adventure trip including Upper Mustang, Damodar Kunda and Muktinath, we can offer

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you trekking plan. Camping and tea house trekking of [Upper Mustang and Damodar Kunda trek](#) is including Muktinath temple. Please email us to offer you tailored-made program as per your time frame.

## **Departure Note**