

# Everest Base Camp Trekking without Lukla flight

## Package Highlights

**Everest base camp trekking without flying to Lukla** is 20 days program including arrival and departure days. Drive with jeep to Salleri and trek to main trekking route of EBC (Phakding) through unexplored section of Knumbu region. Program skip Lukla airport flight which is most scary flight and airport in the world.

## Trip Facts

- Starting Price: US\$1320.00 (Per Person)
- Duration: 20 Days
- Grade: NA
- Destination: Nepal
- Meals: Breakfast + Lunch + Dinner
- Transportation: Private Vehicle
- Trekking Style: Lodge to Lodge Trek
- Accommodation: Hotel and Guest House
- Max. Altitude: Kalapathar (5,545m)
- Min. Pax: Any
- Best Season : March to May and September to November month

## Itinerary Details

**Day 01 : Arrive at Kathmandu (Tribhuban International Airport) and transfer to the Hotel. Preparation of trekking and overnight**

Representative from Nepal highland Treks greet you in international airport. Your hotel for the airport is about 7 kilometers takes 20 minutes driving. Check in the room and rest. Stay in briefing with Nepal highland treks team including your guide. Final preparation of the trip, check your trekking equipment with the help of your guide. Entire trekking equipment are available to buy in Kathmandu in case of any trekking equipment need to buy here.

**Day 02 : Drive Kathmandu to Salleri (266 km - 8 Hours) Overnight at local lodge**

Start driving to Salleri after your breakfast in Hotel. Drive through scenic road starts from Dhulikhel, Khurkot Ghurmi, and various settlement of different cast group of Nepal. Driving road is with beautiful Pine, Rhododendron forest, magnificent George, mountain ranges and Rivers. Salleri is headquarter of Solukhumbu district where you will get quite nice comfortable accommodation.

**Day 03 : First day of trekking starts. Trekking to Nunthala (6/7 Hours – 1,823m)**

### **overnight at local guest house**

Trekking route goes ups and down walking through Sherpa villages with Tibetan style of settlement and their culture. Enjoyable trekking path is awesome view of Numbur Himal accompanied by local scenario. Every villages have locally made old monastery represent Tibetan Buddhism to practice their religion. Reaching to Nunthala is nice and a large village. Nice place of mixed settlement of Sherpa, Rai, Magar, Tamang of Hindu and Buddhist. Village is more interesting with lots shops, tea houses, local lodges and stores.

### **Day 04 : Trek to Paiya/ Paya (8 Hours – 2,730m) overnight at local guest house**

Quite long day but easy walk through community of Sherpa, Magars and other mix-up. The view of Lukla village and Nunthala valley surprise us. Descent and ascent through alpine forest, and cross the Dudhkoshi River. Steep hill climb to reach top ridge of Buspa Danda offering super views of mountains and landscape. Middle of forest Paiya village is nice stop to overnight.

### **Day 05 : Trek to Phakding (5/6 Hours – 2652m) overnight at local guest house**

Our trek meet today the regular trekking trail starting from Lukla after flying from Kathmandu. Easy trekking trail goes till Surke. Gradually ups trail to Chaurikharka, Chhepung, Nurning and to Phakding. The impressive view of Kusum Kangaru, Buddhist village with mani walls makes trail impressive. Phakding have various lodges for trekkers where you will find nice suspension bridge over Dudh Koshi River

### **Day 06 : Trek to Namche Bazar (3,440m) 6/7 Hours. Overnight at tea house**

After your breakfast start trekking to Namche Bazar (Biggest town in Everest region). We pass big suspension bridge at the beginning. Then our trail become slightly up hills. Route is passing through alpine forest along with Dudhkoshi River. We also pass Benkar village, Monjo village and Jorsalle on the way. After having our lunch, we start tough up hills walking and reach Namche.

### **Day 07 : Acclimatization and rest at Namche. Hike to Everest view hotel (3,880m) and back to Namche for overnight**

It is acclimatization day and we take hiking tour around. Hike to Everest view hotel and Khumjung village. Visit local monasteries and Hillary school. It is pleasant day to have your lunch at Khumjung village with front view of Mount Everest, Lhotse, Nuptse, Thamserku, Amadablam and others. Come back to Namche. Walking around in Namche get more refresh

### **Day 08 : Trek to Tengboche (3,860m) 5/6 hours. Overnight at tea house**

We trek an easy way with front view of panoramic mountain up to Phunki Thanga, small

River side village. From here, trekking route start to be up hills. It contains some of the major ascend toward Tengboche. Tengboche is famous with Tengboche monastery and it is one of the largest monastery in Everest region. Monastery open from 3 pm and it is good visit at their evening chanting by lamas

**Day 09 : Trek to Dingboche (4,410m) 5/6 hours. Overnight at tea house**

Trekking through Rhododendron forest reach at Deboche village. After Diboche valley reach at Pangboche village which is having biggest settlement of Sherpa peoples. We still have good view of Mount Everest, Lhotse and Amadablam. Trekking trail than follow through upper Pangboche for exploring an oldest pangboche monastery. After walking some minor ascends, we can see picturesque village of Dingboche with beautiful potato fields.

**Day 10 : Acclimatization in Dingboche. Hiking around and overnight**

It is good to have acclimatized here before you reach at Everest Base Camp. Instead of staying inactively, we make hiking around the valley. We climb up behind the valley. It is good view of some 8000 miter Himalayas and several other climbing peaks. Instead of hiking long, we back to lodge and take rest for tomorrow's ascent.

**Day 11 : Trek to Lobuche (4,910m) 4/5 hours. Overnight at tea house**

It is short hiking at high altitude. We start after your breakfast in Dingboche. After walking around three hours in wide valley we reach at Duglha. You're walking than reach some tough ascending. You may feel hard to breathe as it is thinner air in high altitude. You will reach Lobuche. Lobushe is small settlement with fewer tea houses only. You have to be prepared with chilly night.

**Day 12 : Trek to Everest Base Camp (5,360) and back to Gorakhshep (5,180m) for overnight. 7/8 hours**

Day of reaching at base camp of highest peak of the earth, you are at the day of reaching your dream. It is better to start trekking as earlier as possible after your breakfast. The trekking trail to Everest Base Camp is not hard but it is continuously ascending and descending at glacier rocky trail. Everest base Camp is extremely beautiful. Panaromic Mountains including Everest is surroundings. We will come up to near from Khumbu Glacier and see icefall from slopes of Mount Everest. We than come back to Gorakhshep for our overnight

**Day 13 : Climb Kalapathar at early in the morning (5,545m) and trek down to Pheriche (4210m) 7 hours. Overnight at tea house**

We prepare with our small bag with hot drinking water and some nuts. It is about one and half hours climbing. When we start, it is dark and chilly. Get sunrise view and panoramic

mountain views which is probably the best view ever in this trekking. We come down to Gorakhshep and have breakfast. Hike back to Pheriche for overnight

#### **Day 14 : Trek to Namche (3410m) 6/7 hours. Overnight at tea house**

All the way down hill from Pheriche to Phunki Thanga. We can choose either Tengboche or Phunki thanga for our lunch. Small ascend involve after phunki Thanga to the top. Again an hour downhill reach Namche. You can feel more relax at Namche having nice walking soundings. Namche is having some of the goods cafes, shops and restaurants

#### **Day 15 : Trek to Surke**

Trekking in the same route up to Manjo. Walk toward Phakding and trek down to Surke.

#### **Day 16 : Trek to Nunthala**

Trek to Nunthala

#### **Day 17 : Trek to Salleri**

Trek to Salleri

#### **Day 18 : Drive back to Kathmandu**

Drive back to Kathmandu

#### **Day 19 : Day in Kathmandu. Rest after long days trekking**

Extra day in Kathmandu to get rest after long days of trekking. Evening farewell dinner. get feed back about the trekking

#### **Day 20 : Departure**

Drop to International airport for your final departure

### **Cost Includes**

- Airport picks up and drops arrangement
- 3 nights ccommodation in 3\* category hotel Kathmandu on twin sharing with breakfast
- Everest Trekking permit and TIMS card (Local tax)
- Private jeep from Kathmandu to Salleri and back
- Accommodation in tea house on twin sharing during trekking (Room with attached bathrooms are provided in Llukla, Namche and in Phakding)
- Three times foods during trekking (Breakfast, Lunch and Dinner) including tea and

coffee

- An English speaking trekking guide and supporter (2 peoples = 1 supporter) with their foods, accommodation, insurance, equipment
- Emergency rescue management, First Aid kit
- Duffel bag to put your stuffs and handover it to Porter
- Warm down sleeping bag in returnable base if you need
- One evening dinner at authentic Nepali cultural restaurant
- Management of emergency evacuation in case of need
- Government taxes and official service charge

## Cost Excludes

- Lunch and dinner while at Kathmandu
- Bar bills, soft drinks/ bottled drinks including drinking water
- Hot shower, battery charges, communication cost and internet at local tea houses
- Personal equipment, personal insurance, medical expenses, cost of emergency rescue in case of need
- Nepal entry visa (USD 50 per person for one month) you can get on arrival visa.
- International air fair
- More than 3 cups of hot drinks per day
- Accommodation upgrading more than 3 star hotel in Kathmandu and Deluxe tea houses on the way at available places
- Extra activities mentioned than in our itinerary and cost including
- Tipping to staffs

## Useful Note

### Nepal Visa

Visa for Nepal can be obtain on arrival. USD 50 per person for a month multiple visa. As your trekking itinerary is 20 days, you should take minimum 30 days visa. You also can apply Nepal visa online which will avoid long queue to take visa on arrival in Nepal airport. Do visit link for your online visa. <https://online.nepalimmigration.gov.np/tourist-visa>. Make sure online application is only valid for 15 days. So fill online Nepali visa form just before 15 days counting your arrival in Nepal.

## Trip Note

### Packing List for Everest Base Camp Trekking without Lukla flight

Round cap to protect from sun during sunny day

Warm head cover cap

Muff to cover mouth from heavy wind and cold

2 pairs warm inner thermal and trouser

1 pair warm outer trouser

1 pair wind proof warm outer trouser

One pair light and warm jacket or sweater

One pair down jacket

One pair wind proof jacket  
2 pairs light shocks  
2 pair warm shocks  
1 pair light shoe or sandal  
1 pair warm water proof trekking shoes  
2 pairs light trouser or half paint for walking during day and hot temperature  
3 to 4 pairs of light t-shirt  
Warm glove  
Rain coat (cover body and backpack)  
20 litter polar bag for trekking, carrying yourself (Trekking bag pack)  
Duffel bag, (Nepal Highland Treks provide you in Kathmandu) for porter  
Down Sleeping bag with its Inner (You can take from Nepal Highland Treks in returnable)

### **Other accessories**

Head lamp with enough battery  
Camera and its battery  
Battery charger  
Trekking sticks  
Phone and charger  
lip care  
Sun cream  
Toilet papers  
Hand wash lotion  
Tooth brush and tooth paste  
Washing soap and bath shampoo  
Quick dry towel

**Note: You can buy above mentioned trekking equipment in Kathmandu Nepal also.**

### **Booking procedure and payment**

To book this trip, we need your passport copy by email and trip confirmation amount of USD 150 per person. You can pay us trip confirmation amount by bank transfer, by online credit card system. Rest of the payment can be made after your arrival in Kathmandu. Paying by credit card, bank transfer or cash.

### **Cancellation policy**

Free cancellation if you cancel your trip 2 months before your trip starts. USD 150 per person is the cancellation charge if you cancel your trip after 2 months. You have the option to transfer your advance amount for the next trip or replace it for another friend.

### **Departure Note**

If your time frame is not suitable with our fixed departure dates, you can ask us to create a new date for you. The cost of the trip will be the same USD 1320 if you are at least 2 pax group. The cost for single pax will be more and the group size more than 2 pax will reduce the trip cost.