

Lhasa Everest Base Camp Motor Biking Tour

Package Highlights

- **Lhasa Everest Base Camp Motor Biking** Tour starts from Lhasa and ends at Lhasa
- 9 days tour, 6 days riding total 1720 kilometers
- BMW motorbike on hire with professional guiding team
- Ride Lhasa-Yamdok Lake-Gyantse-Shigatse- Tashilhunpo Monastery- Rongbuk Monastery – Mount Everest base camp- Yangpachen - Namtso Lake

Trip Facts

- Starting Price: US\$3300.00 (Per Person)
- Duration: 9 Days
- Grade: NA
- Destination: Tibet
- Meals: Breakfast
- Trekking Style: Motorbiking
- Accommodation: Hotel and Guest House
- Max. Altitude: Nagenla Mountain pass(5190M)
- Min. Pax: Any
- Best season : April to October

Itinerary Details

Day 01 : Land at Tibet either in Airport of Lhasa or train station. Pickup and drop to the Hotel for overnight

Welcome to Tibet, the Roof of the World. Your Lhasa Everest Base Camp Motor Biking Tour begins at Lhasa where you will be picked up by our tour guide at the airport or at Lhasa train station and escorted to the hotel. You will have the rest of the day to explore the city on your own and adapt to the high altitude. The suggestion is not to take bath and not to involve in strenuous exercise. Drink plenty of water and take liquid foods.

Day 02 : Day in Lhasa to visit Potala palace- Jokhang Temple- Barkhor Street and Sera Monastery. Overnight in Lhasa

Visit Lhasa by car. We will start to apply the Tibetan temporary driving license for you in the morning. After that we start today's Lhasa exploration with an exciting visit to iconic Potala Palace, regarded as one of the most beautiful buildings in the world. In addition, we will also visit Jokhang Temple which is considered the spiritual heart of Tibetan

Buddhism. Our trip will not be completed without walking Barkhor Street, the ancient route to circumambulate Jokhang Temple. The last site of the day will be the famous Sear Monastery, where you will have the opportunity to observe monks debating in a courtyard as they have done for hundreds of years.

Day 03 : First day of Riding. Lhasa to Yamdrok Lake Karola Glacier and reach to Shigatse(365 KM) via Gyantse. Overnight at Hotel

Begin a thrilling motorbiking ride today from Lhasa. We will leave the hotel after breakfast and ride to Shigatse, the second largest city in Tibet. Along the way we will admire the sacred Yamdrok Lake located at an altitude of 4,400m. The deep turquoise water of this natural treasure creates a breathtaking panorama against its mountainous backdrop. Covering over 360 square kilometers, Yamdrok is the largest fresh water lake in the northern Himalayan Range surrounding area. As we continue our ride through the Tibetan plateau, prayer flags announce our arrival at Karola Glacier (5,045m.), a stunning white mass that can be seen up close due to its proximity to the road. From there we ride to the historical city of Gyantse than closer ride to Shigatse to overnight.

Day 04 : Ride Shigatse to Lhatse and to Tingri(240KM) near Everest Base Camp and Ronbuk monastery. Overnight at guest house

Our day begins with a visit to the official seat of the Panchen Lama: Tashilhunpo Monastery, is the largest and most influential Gelug monastery in the Shigatse Prefecture. We will have the opportunity to walk the cobblestone valleys and visit halls and chapels in this culturally important site. Later in the day we head to Tingri and overnight

Day 05 : Ride Tingri to Gyawu-La Pass and reach to Rongbuk Monastery, Everest Base Camp and return to Tingri(230KM). Overnight at Guest House

We start our morning ascent towards Everest Base Camp passing through villages where locals cheerfully greet us. We continue to the Gyawu-La pass (5,198m) from where we can admire magnificent views of Mt. Makalu (8463m), Mt. Lhotse (8561m), Mt. Everest (8844m) and Mt. Cho Oyu (8201m) in a breathtaking composition of jagged mighty peaks. Our ride then continues to Rongbuk Monastery, the highest monastery in the world, also it is the best observation point for the Mt. Everest. It is near Everest Base Camp ride-able road. Same way back to Tingri for overnight. Option to ride up to Xegar.

Day 06 : Ride back Tingri / Xegar to Shigatse via Lhatse (240KM) Overnight at Hotel

We leave Tingri to retrace our previous route to Shigatse town. Stunning views of pristine landscapes will accompany us throughout the day. Overnight hotel accommodations in Shigatse. If we have not visited Tashilampo monastery before we plan to visit today.

Day 07 : Ride Shigatse - Yangpachen and to Damxung?400KM?

We will head all the way north after breakfast. We will first arrive at the geothermal city- Yangpachen where many fumaroles, hot lakes and warm swamp are widely distributed. We keep riding north and come to the land which is full of colorful flags-Tanggula Mountain Pass. Mt. Tanggula is the most famous guardian deity in Tibetan religion. It is also the load god of all holy mountains in the north grasslands. According to the legend, Mt. Tanggula and Lake Namtso are devoted couples. Keep riding north further, we will arrive at our destination for today-Damxung. Stay overnight.

Day 08 : Ride Damxung - Namtso Lake - Yangpachen and to Lhasa (240KM). Overnight at Hotel

This morning we ride to Lake Namtso. We will firstly arrive the land which is full of colorful prayer flags—Tanggula view point and then pass the Nagen -La Mountain pass(5190M). Our next destination is Namtso Lake which is one of the three holy lakes in Tibet. Namtso Lake seems like melting into the sky and with star-studded islands. After lake Namtso we back to the Lhasa Motorcycle rental company after we crossed Damxung County and Yangpachen. Our stuff will drive you to the hotel after the Motorcycles are be returned in garage.

Day 09 : Departure from Lhasa

End day of your tour. Our guide and driver will present at your Hotel to drop you departure point. Either to Gonggar airport or to Lhasa train station. Flight from Lhasa (Gonggar) airport is connected with Kathmandu Nepal and many cities of mainland China.

Cost Includes

- Arrival and departure arrangement in Lhasa
- Twin sharing accommodation in 3 star category Hotels in main town and best available accommodation in remote area Like Tingri
- BMW motor cycle on hire with its fuel
- A road leader
- Every morning breakfast
- Provisional driving license to allow riding in Tibet
- All entrance fees in sightseeing
- Tibet travel permit
- Backup transportation
- Drinking water
- English speaking Tibet guide
- First aid kit box with general medicines

Cost Excludes

- Lunch Dinner in entire tour
- Arrival and departure ticket to from Lhasa

- Chinese visa in your passport
- Personal equipment, personal insurance
- Tipping to staffs, Guide, driver and road leader
- Security deposit money (USD 1500) per person with refund you once trip is over

Useful Note

Important health considerations

Participants with any of the following conditions, you should not travel to a high altitude area of more than 3,000 meters:

- Heart disease, arrhythmia, stage II hypertension, blood disease, cerebrovascular disease or if the resting heart rate is significantly above 110 beats per minute.
- Chronic respiratory disease, moderate or severe obstructive pulmonary disease such as bronchial asthma, bronchiectasis, emphysema, active tuberculosis or pneumoconiosis.
- Uncontrolled diabetes, epilepsy or schizophrenia;
- Severe cold and upper respiratory tract infection, body temperature above 38 degrees Celsius or below 35 degrees Celsius.
- Patients who have been diagnosed with high altitude pulmonary edema, high altitude cerebral edema, high altitude hypertension, high altitude heart disease and high altitude polycythemia;

Trip Note

Required document

- Scanned copy of the current and valid motorcycle license from your country
- Scanned copy of your passport and Chinese tourist visa. (If you work in China, you need to provide work visa and on-the-job certification)
- Trip confirmation amount USD 1000 per person. can pay by online credit card system or bank transfer

Departure Note

If our fixed departure dates are not suitable with your date, let us know we will open new date for you in the case of private group.