

Tamang Heritage Trail Trekking

Package Highlights

Tamang Heritage trekking is newly opened cultural heritage trail located north of Kathmandu. Trekking is through Tibetan cultures influence Tamang villages. Area is virtually untouched and hard to see any tourist.

Trip Facts

- Starting Price: US\$840.00 (Per Person)
- Duration: 10 Days
- Grade: NA
- Destination: Nepal
- Meals: Breakfast + Lunch + Dinner
- Transportation: Public Vehicle
- Trekking Style: Lodge to Lodge Trek
- Accommodation: Hotel and Guest House
- Min. Pax: Any
- Best Season : March to May & Sept to Nov

Itinerary Details

Day 01 : Arrival at TIA airport of Kathmandu. Transfer to Hotel and Overnight 1350m

Representative from Nepal Highland Treks will receive you from airport and transfer to the hotel. Meet, greet and introduction program at Hotel. If we get time, we can discuss about the trip and your trekking equipment.

Day 02 : Day in Kathmandu. Sightseeing and trip preparation. Overnight at hotel

After your breakfast, our tour guide will lead you to sightseeing in major three UNESCO heritage sites. Pashupatinath temple (A biggest hindu temple) Baudhanath Stupa (Biggest Buddhist Stupa) and Bhaktapur Durbar Squire (Old king palace). Later cost back to hotel and final preparation of your trekking. introduce with your guide and supporter

Day 03 : Drive Kathmandu to Syaprubensi (7/8 Hours - 1450m) Overnight at local tea house

Take early breakfast in your hotel. Start driving from Kathmandu to Syaprubensi. It is only 117 kilometer but long driving because of mountain road through local villages. It is also one of the scenic drives. Stop on the way at scenic place and for Lunch. Reach at Syaprubensi at around 2pm. Check in your room and have hot tea.

Day 04 : Trek Syaprubesi to Gatlang (2,300m - 5/6 Hours) Overnight at community home stay

Start trek after breakfast in Shyaprubesi. After an hour and half of ascent, we reach the view point from where we can see the fantastic view of Ganesh Himal, Gosaikunda range and the Goljang valley. Now we head down to Goljang valley for lunch which is an hour walking down hill from the view point. Reach at Gatlang the beautiful Tamang village is another 3 hrs walk from Goljang.

Day 05 : Trek Gatlang to Tatopani (2600m/ 6/7 Hours) Overnight at community home stay

We begin today's trek with a descent to Thangbuche and soak-in magnificent views of the Ganesh Himal and Langtang Ranges along the way. Next, pass by the Chilime Hydropower dam and ascend until Tatopani. The name Tatopani literally means 'hot water' in Nepali owing to the natural hot springs there.

Day 06 : Trek Tatopani to Thuman (2400m - 6/7 Hours) Overnight at community home stay

The trail ascends to Nagthali Danda (3300m) the high open grassland with amazing views of snow covered Himalayas. Stop for lunch at Brimdang village. After lunch the trek continues ascending to Nagthali Danda. One can enjoy the view and spend some time at the top accompanied by tea prepared by the care taker of the Gompa. Trek continues down to Thuman.

Day 07 : Trek Thuman to Briddim (2,345m - 6/7 hours) Overnight at community home stay

Trek to Briddim via Lingling. Briddim is a Tibetan Buddhist village, ideally located on the lap of the Langtang Himal. Here, we visit the Dukchu Gompa monastery. Briddim looks a Tibetan village since most of the houses are built by stones and are inhabited mostly by people of Tibetan origin.

Day 08 : Trek Briddim to Syaprubesi (4 Hours) Overnight at tea house

Very short trekking. After breakfast, the trek descends down to Syaprubesi which is just 4hrs walk from Briddim. Lunch and rest of the day is free. Or start early trekking from Briddim and reach at Syapru. You can drive with jeep back to Kathmandu. Reach night time in Kathmandu.

Day 09 : Drive back to Kathmandu and transfer to Hotel (7/8 Hours - 1350m)

Start driving to Kathmandu. The same way driving back till Kathmandu is about eight

hours. When we reach at Dhunche, we get up for final checking out our Langtang permit and TIMS. We also stop on the way for Lunch. Reach at Kathmandu and transfer to hotel. Meet official representative from Nepal Highland and give trekking feedback

Day 10 : Departure

Till your departure time, you are free. We drop you to International airport for your final departure. You have to reach International airport normally before 3 hours from your departure time

Cost Includes

- All arrival and departure arrangement
- Accommodation in Kathmandu on twin sharing room with breakfast
- Accommodation in local home stay on twin sharing room in trekking days
- A full day sightseeing in Kathmandu valley with private transportation, tour guide and entrance fees
- Private jeep Kathmandu Shyaprubensi Kathmandu
- Langtang National Park entry fee and TIMS card for trekking
- Friendly and helpful trekking guide and supporter (2 pax = 1 supporter) with their salary, foods, equipment, insurance and accommodation
- Foods (Breakfast, Lunch and Dinner) with cups of hot drinks during trekking days
- Government tax official service charge
- First aid kit

Cost Excludes

- Lunch and Dinner in Kathmandu
- Personal equipment, medical expenses, personal insurance, rescue
- Soft drinks including drinking water and bar bills
- Nature of personal
- Tipping to staff

Our cost is based on 2 pax a group. If you are more than 2 pax, your cost will reduce and if you are only one pax cost increase. In our cost, we are providing you private Jeep driving both way of Kathmandu Syaprubensi. If you choose to drive with local bus, cost also decrease. Driving with local bus is not comfortable.

Useful Note

Trip Note

Departure Note