

Upper Mustang Motorbiking Tour

Package Highlights

- Visit historical monuments in Kathmandu and natural sights in Pokhara
- Motor Biking through typical villages, monasteries, temples and historical caves
- Start your riding at low land, greenery and reach at scenic Tibetan plateau at Upper Mustang region
- Visit major and famous villages at Lower Mustang before reaching Upper Mustang
- Ride till Tibetan boarder from Lomanthang
- Visit caves, villages and Monasteries specialy in Lomanthang
- Option to hire your bike in Kathmandu
- Backup transporation and helpful guide and Mechanic
- Overnight at tourist standard local tea houses

Trip Facts

- Starting Price: US\$2470.00 (Per Person)
- Duration: 14 Days
- Grade: NA
- Destination: Nepal
- Meals: Breakfast + Lunch + Dinner
- Trekking Style: Tour
- Accommodation: Hotel and Guest House
- Max. Altitude: 3840Lomanthang
- Min. Pax: 2 or more
- Best season : March to May & Sept to Nov

Itinerary Details

Day 01 : Arrive at Kathmandu (1340m) Overnight at Hotel

Representative from Nepal Highland trek pick up you from international airport and transfer to Hotel. If time permits talk about your trip and collect your original passport for final receiving of Upper Mustang special permit.

Day 02 : Sightseeing in Kathmandu valley with Motorcycle (test riding). Overnight at Hotel

The first ride with your Motorcycle today. Escort you by our guide and backup transportation to major 3 places of Kathmandu valley. Pashupatinath temple, Bauddhanath stupa and Bhaktapur durbar squire, which are all listed in UNESCO heritage sites. Back to hotel, final preparation of your trip from tomorrow.

Day 03 : Ride from Kathmandu to Pokhara (200km/ 7 Hours - 840m). Overnight at Hotel

It takes 7 hours drive with your Motorbike to Pokhara. The road is completely a busy highway. Pokhara is natural city of Nepal. Beautiful lakes and laps of Annapurna range can be seen from your hotel. Evening walking around Pokhara Lake side.

Day 04 : Ride from Pokhara to Kalopani. (125km - 6 Hours) Overnight at guest house 2,530m

Start driving after your breakfast in hotel. It is paved road till Beni. 104 kilometer and takes about 3 hours. Rough road begins after Beni. Riding road is bank of Kali Gandaki River and huge waterfalls. Reach at Tatopani. Further drive to Kalopani. Kalopani is the good view point of Dhaulagiri, Tukucho peak and glaciers

Day 05 : Ride Kalopani to Chaile (55km - 6 Hours) Overnight at local tea house 3,1000m

Start riding after breakfast in Kalopani. Rough road through Kali Gandaki river is with scenic Himalayan range of Annapurna, Nilgiri and Dhaulagiri. Reach at Muktinath (3800m), where you can visit holy sight Muktinath temple and Buddhist monastery. Ride back down to Kagbeni for overnight. Kagbeni have interesting place to visit that may suite for your evening walking tour.

Day 06 : Ride from Chaile to Lo Manthang (6 Hours / 3840m). Overnight at local tea house

Quite excited day today to reach ultimate destination of this tour, Lo-Manthang. We cross several Mani walls and big village called Charang. Panoramic Mountain View is always seen as different angel view. You will than view wall covered village from far. It is better to take rest once you reach at tea house, which help your body to acclimatize.

Day 07 : Explore Lo Manthang by walking (3840m). Overnight at local tea house

Today explore around by walking. Namgyal gumpa which is situated at hilltop of valley and an important for the local peoples. Your tour continues to Tingkhar village. Tingkhar village is the last village and main village of Lo Manthang. If time permits visit another attraction of four stories of King Palace with panoramic Himalayan view surroundings.

Day 08 : Ride to Kora la (Tibetan border) from Lomanthang and back. Overnight at tea house

Ride to Nepal Tibet border Kora La. It is about 20 kilometer one way from Lomanthang. Get the view of Himalayas and valley. Ride back to Lo-manthang via Chosur caves.

overnight in the same hotel

Day 09 : Ride back to Kagbeni (80km - 7 Hours) Overnight in local tea house 2800m

Ride all the way down to Kagbeni. This village is a unique famous village among other twelve villages region in Mustang district.

Day 10 : Kagbeni to Tatopani, place of natural hot spring (90km - 6 Hours) Overnight at local guest house 1300m

Morning walking tour at Kagbeni village after your breakfast. Start riding to Tatopani today. It is way through Jomsom, Marpha, Kobang and Kalopani. Enjoy your evening bathing at natural hot spring ponds

Day 11 : Ride back to Pokhara and Sightseeing. Overnight at Hotel

It is same way ride back to Pokhara. Short riding reached at Natural city Pokhara. It is group decide if riding towards Sarankot, Peace stupa or stay relax after reaching Pokhara. Check in Hotel and overnight

Day 12 : Riding to Bandipur (77km - 2 Hours) overnight at hotel

Stay relax up to morning in Pokhara. It is beautiful with panoramic views of Mountains and Lakes. Riding to Bandipur which is typical village at hill station. This is a Newar town with its age-old flavor still intact. worth to spend one overnight and celebration of the trip

Day 13 : Bandipur to Kathmandu (147km - 5 Hours) Overnight at Hotel

Last day of riding, after breakfast start riding to Kathmandu.

Day 14 : Departure

We make entire arrangement for your departure. It is important to reach international airport 3 hours before of your flight time.

Cost Includes

- Arrival and departure arrangement
- Sightseeing Kathmandu valley with guide and entrance fees
- Backup transportation in entire trip
- Guide to manage accommodation and other arrangement
- Riding guide to lead the tour with his own bike
- Motorbike Mechanic with necessary tools
- Accommodation in 3 star category hotels in Kathmandu and in Pokhara
- Accommodation in local tea houses in Mustang

- Upper mustang restricted area permit (USD 500 per person)
- Annapurna conservation area permit
- Every morning breakfast in the hotels of main cities (Kathmandu, Pokhara, Bandipur)
- All the foods and hot drinks during riding Mustang
- Motorbike on hire and its fuel
- Emergency evacuation management
- First aid kit box
- Service charges and government tax

Cost Excludes

- Lunch and Dinner in main cities (Kathmandu, Pokhara and Bandipur)
- Cost of any major damages in Motorbike
- Personal gears/ equipment including your helmet
- Personal expenses, Medical expenses
- Personal insurance, emergency evacuation cost in case of need
- Tipping
- visa cost of Nepal (USD 30 for 15 days, USD 50 for 30 days) you also can make online visa before arriving in Nepal, so that you will save your time being on Q here is the link of it. <http://online.nepalimmigration.gov.np/tourist-visa>

Useful Note

Hiring a bike in Nepal

You may not come with your own motorbike. Motorbike hiring is available in Kathmandu. You can choose your own. The light bikes are suitable and more comfortable in this tour. KTM duke, Tornado XR or Honda CRF are recommended one. That cost you USD 25 till 70 per day without fuel.

Fuel for the Bike

Fuel as per the package is extra from the cost. It also can be including in the package, we can discuss it at the time of booking. There is no any fuel station in Upper mustang region. We have to carry it from Pokhara or from Beni. Backup Jeep will have space to put petrol jar which we fill in available fuel station.

Accommodation in the trip

Our package is including 5 nights hotel in Kathmandu and in Pokhara. It is 3 star category hotels with breakfast and twin sharing. Accommodation in entire trekking is in local tea houses (Local guest house) on twin sharing. You will get rooms with inside toilet in Kagbeni and in Jomsom only. Rests of the overnights are room without toilet inside. All the tea houses are providing common toilets outside your room. **Upper Mustang** region have limit tea house accommodation, at the time of main season it may have over flow of trekkers. In that situation, you may share common room with other trekkers. But it is less chance

Foods in the trip

Kathmandu and Pokhara have lots of restaurants to choose for your Lunch and Dinner. Breakfast is including in the package that is provided by same hotel you are staying. During your trekking, same tea houses you are going to stay provide you breakfast and Dinner. Lunch is on the way at suitable place. All the foods during trekking is including in the packages. Hotel and restaurants provide you international standard foods in entire **Upper Mustang**.

Guide, Mechanic and Jeep driver

Your guide, Mechanic and backup jeep driver to **Upper Mustang** are from Kathmandu. They are our regular staffs more responsible, friendly, and helpful English speaking. You will meet them in Kathmandu before starting your trip. They do not ride bike and stay inside jeep. Your all the stuffs also will be in jeep. Jeep will just follow you from behind. All the staffs are fully equipped, insured and package including their foods, accommodation on the way.

Drinking water during in the trip

Drinking water is extra cost from package. During the trek it is available bottled mineral water, boiled water fill in your own bottle from every tea houses or can use even normal water from Tap. Bottled mineral water is available in every guest houses, shops in entire Upper Mustang. As you hike high altitude, cost of bottled mineral water and boil filtered water increase. Water from local taps can be also used as drinking water by purification with purification tablet and filter it yourself. Most of the trekkers are drinking bottled mineral water and boiled filtered water. Trekkers are using local tap water rarely.

Equipment list

You do not need to bring whole equipments from your home country. Good trekking equipments with reasonable cost are available in Kathmandu. We can suggest you to buy those after we check it in hotel before starting of trekking. Representative from **Nepal Highland Treks** or your guide can provide you good suggestion. Our itinerary has enough time to be prepared with your proper equipment.

Clothing List

- Warm head cover cap
- Muff to cover mouth from heavy wind and cold
- 2 pairs warm inner thermal and inner trouser
- 1 pair warm outer trouser
- 1 pair warm wind proof warm outer trouser
- One pair light and warm jacket or sweater
- One pair down jacket
- One pair wind proof jacket
- 2 pairs light shocks
- 2 pair warm shocks
- 1 pair light shoe or sandal while staying inside guest house
- 2 pairs light trouser or half paint for walking during day and hot temperature
- 2 pairs of light t-shirt
- Warm glove
- Rain coat

Duffel bag or big polar bag to keep your goods and put it inside backup jeep *

Down Sleeping bag with its Inner * (* = Nepal Highland Treks provide in returnable based)

Special equipment for riding

Riding suite

Special hand gloves or rough road riding

Your own size Helmet

Small backpack carrying with water and other things while riding

Other accessories

Head lamp with enough battery

Camera and its battery

Battery charger

Trekking stick

Phone and charger

lip care

Sun cream

Toilet papers

Hand wash lotion

Tooth brush and paste

Washing soap and bath shampoo

Quick dry towel

First Aid Kit Medicines

In every trekking package, our guide will carry first aid kit box containing medicines of anti altitude, anti Diarrhea, pain relief, Antibiotic, anti cold, anti vomiting, anti headache, fever, bandages, handplaster and anti septic lotion . If you are taking any regular medicine that is compulsory to bring yourself.

Some Dos and Dont's during Upper Mustang Riding

Upper Mustang route is sensitive land which is one of the restricted areas. It is unspoiled and exotic land which is sensitive. Treat the land and local peoples with care and respect. Try your best to keep environment clean and show appreciation for culture and traditional religious beliefs.

Make Upper Mustang region litter free: Do not through any litter; put it in dustbin fixed by national park or in local tea houses. Sanitary napkins and tampons should be wrapped properly and through it right place. Take batteries back to your home country for safe disposal or reuse.

Respect local cultures, custom and peoples: Route of **Upper Mustang** is combination of different cultural ethnic group of local peoples. Their culture, customs, living style and any function is typical and it is important for them. So respect all these while you are there. You can involve respectfully in those function.

Take your guide with you in every hiking and climbing: our guide will be always with your while riding every days. Few days in the itinerary are as acclimatization day and hiking around for recovering stamina. Take your guide with you in all these activities. It is

Himalaya and do not be more excited, take advice from guide to take any decision.

Do not through foods after order: Foods are all carried from Pokhara or from Kathmandu. It takes a week time to reach all the foods in the area of Lo Manthang. It is important that you order only sufficient food which you can finish. Do not waste any foods in the region. Meet items are not fresh in the high region. The land is out of scarifies any animals, and meets are all carried from out of region. This is the reason meets are not fresh.

How to get Nepal Visa and its cost?

Visa for Nepal is available on your arrival. 15 days Nepali visa is enough for your as your trip is for 15 days including arrival departure days. USD 30 is the visa cost of 15 days. If you want to spend more than 15 days time, it is better to take a month visa which cost USD 50 per person. You only need your original passport and cash (any currency).

Trip Note

- Our 14 days motorbiking itinerary is general itinerary. We can customize it as per your interest.
- Trip cost providing here is based on 5 pax minimum including as per details in cost including. If there will be more of less than 5 riders, tour cost change
- There are some fixed departure dates you can join with us. Please email us for our other departure dates which may not have mentioned here

Trip booking procedure and mode of payment

Your passport copy by email and trip advance amount makes your trip confirm. The first Payment for trip confirmation amount is USD 300 per person. Rest of the payment can be paid once you are in Nepal, before leaving to tour. Payment can be made by bank transfer or by our online payment system using your credit card. We will also need your original passport once you arrived in Nepal and it is for couple of hours to obtain Upper Mustang restricted area permit from department of immigration.

Upper Mustang Motor biking during festival

There are several interesting Buddhist festivals celebrate in Upper mustang. The main festival is [Tiji festival](#) celebrates in month of may accord of Tibetan lunar calendar. Tiji festival is three days celebration in Lo-manthang and your motor biking itinerary can meet this festival. Festival is all about to destroy demons to save Mustang valley throughout the year. Entire Buddhist monks gather in one place and chant together with their special instruments. They also shows special mask dance during the festival. Tourist from out of the places needs to reserve place to observe paying entrance fees of it.

Departure Note

We may have another fixed departure date for Upper Mustang Motor biking tour. Please email us to get our new dates if our fixed departure dates shown here is not suitable for you to join.