

## Rara Lake Trekking

### Package Highlights

- **Rara Lake** in remote Mugu District is one of Nepal's most remote areas and remains relatively unexplored by foreign travelers and mysterious even to Nepali people.
- **Rara Lake** is Nepal's largest lake with a circumference of approximately 13km. it is home to otters and the fish that feed them, and is an important resting place for migrating water fowl.
- **Rara Lake Trekking** route passes through unique village of Hindu and Buddhist practices religion which is borrow from Bonpo religion and off course stunning scenery.
- Trekking is entirely camping arrangement from **Nepal Highland Treks**

### Trip Facts

- Starting Price: US\$0.00 (Per Person)
- Duration: 15 Days
- Grade: NA
- Destination: Nepal
- Meals: Breakfast + Lunch + Dinner
- Transportation: Private Vehicle / Aeroplane
- Trekking Style: Camping Trek
- Accommodation: Hotel & Tent
- Max. Altitude: 3055 Meters (Chere Chaur)
- Min. Pax: Any
- Best Season : March to May & Sept to Nov

### Itinerary Details

#### **Day 01 : Arrival at TIA airport of Kathmandu. Transfer to Hotel and Overnight 1350m**

Representative from Nepal Highland Treks pickup you from international airport and transfer to Hotel at Thamel, Touristic hub. Depend one time, we can discuss about the trip and make sure your trekking equipment.

#### **Day 02 : Day in Kathmandu. Sightseeing and trip preparation. Overnight at hotel**

After your breakfast, our tour guide leads you to sightseeing around Kathmandu valley. We cover three major highlights which are UNESCO heritage sites. Bhaktapur Durbar Squire, Old king palace with living arts and architectures. Bauddhanath Stupa, A biggest Buddhist stupa. Pashupatinath temple, a Biggest Hindu temple. Come back to hotel and final preparation of trekking. Briefing about the trip

**Day 03 : Fly Kathmandu to Nepaljung. (55 Minutes - 150m) Overnight at Hotel**

After breakfast in Hotel, drive domestic airport for your flight to Nepaljung. it is 55 minutes flight. Transfer to hotel and overnight. Nepaljung is low land of Nepal, temperature here is hot. Evening walking tour around.

**Day 04 : Fly to Jumla (25 minutes - 2540m) Overnight at camp**

Nepaljung to Jumla flight is not regular. It is short flight with tiny aircraft from low land Nepaljung to altitude land Jumla Airport. stay overnight here to acclimatize in high altitude. Start to spend night in tent.

**Day 05 : Trek to Chere Chaur (6 Hours - 3055m) Overnight at camp**

Today is the first day of our trek. We leave Jumla and ascend to Chere Chaur along the Jugad Khola. On the way, we pass Khalanga Bazaar, a small market place for the nearby villages. We also pass a couple of villages and a temple before reaching our destination. Overnight in Chere Chaur.

**Day 06 : Trek to Chalachaur (6/7 Hours - 2980m) overnight at camp**

From Chere Chaur we take the western trail and ascend slowly until the Jaljala pass (3580m). We cross the pass and continue trekking on a relatively straight trail until reaching Jaljala Chaur. From here we ascend on a steep trail and enter the Rara Lake Circuit before reaching Chalachaur. Overnight in Chalachaur.

**Day 07 : Trek to Sinja Valley (6/7 Hours - 2490m) Overnight at camp**

It is an uphill climb to Sinja Valley. On the way we pass through several villages and walk along the Jaljala Khola (stream). Sinja Valley holds an important place in the history of Nepal. The valley houses the ancient capital city of the Khasa Kingdom that ruled this area from the 12th to the 14th century. Palaces, temples, and the ancient remains of a settlement were uncovered during excavations spearheaded by the Department of Archaeology at Cambridge University. Overnight in Sinja Valley.

**Day 08 : Trek to Ghorosingha (3050m) Overnight at tent**

We leave Sinja on an uphill trail alongside Hima River. From the village we climb on a steep trail for a while followed by a relatively easy trail until Laha Village. From Laha, it is a steep climb up until Ghorosingha alongside Ghatte khola (stream). Overnight in Ghorosingha.

**Day 09 : Trek to Rara Lake (2090m) Overnight at tent**

We begin our steep ascent after breakfast. Our trail is alongside Chuchhemara Danda from where we get to admire the Himalayan panorama, the vast and tranquil Rara Lake, and the lush vegetation of the Rara National Park. On the way to Rara Lake, we pass through Khatyar Khola Camp and a few villages including Murma. From Murma, the ascent gets a little easier. We continue walking towards Chapri village which houses the Rara National Park Head Quarter. Overnight at edge of Rara Lake.

### **Day 10 : Exploration day at Rara lake. overnight at tent**

After breakfast we investigate the azure waters of the massive lake also referred to as Mahendra Taal (Lake) after late king Mahendra. While boating we get to admire the picturesque setting of the lake and discover quite a few varieties of fish. Chuchemara Peak lies on the southern side of the Rara Lake whereas Ruma Kand and Malika Kand peaks frame its northern area

### **Day 11 : Trek to to Pina (2440m) Overnight at tent**

From Rara Lake our trail is easy and we walk on a relatively straight path until Gamgadhi which is the headquarters of the remote Mugu District of Nepal. From Gamgadhi, we descend on a steep trail to Pina Village where we spend the night.

### **Day 12 : Trek to Bumra (2850m) Overnight at tent**

From Pina we descend and cross the Ghurchi Lagna pass at 3480 m. We continue our descent and pass through a few villages before reaching Bumra. The Bumra village is also known as Nauri Ghat.

### **Day 13 : Trek back to Jumla (2540m) Overnight at tent**

We cross two suspension bridges above Hima River and walk downhill. After walking for a few hours, we get to a hot spring where we can ease our aching body with a dip. Not long after the hot spring, we cross Danphe Lagna pass at 3691 m. After reaching Cherechaur, we follow the same trail we took couple of days back and reach Jumla.

### **Day 14 : Fly back to Nepaljung and to Kathmadnu. overnight at Hotel**

Early in the morning, fly to Nepaljung from Talcha Airport Jumla, Connecting flight to Kathmandu and transfer to Hotel. Rest and evening farewell with Nepal Highland Team.

### **Day 15 : Departure**

We drop you to International airport for your final departure. it is important to be at airport 3 hours before from your original flight time.

## **Cost Includes**

- All arrival and departure arrangement
- Accommodation in Kathmandu and in Nepaljung on twin sharing 3 star category hotels with breakfast
- A full day sightseeing in Kathmandu with tour guide, private transportation and entrance fees
- Accommodation in comfortable tent during trekking
- Three times foods and hot drinks during trekking days
- Entrance fees of National park and TIMS card for trekking
- Professional guide, cooking team and other helpers in trekking
- Camping gears: sleeping tent, dinning, kitchen and toilet tents and kitchen goods
- Flight or drive to and from Nepaljung
- Flight of Nepaljung – Mugu – Nepaljung
- First aid kit box
- Emergency evacuation management in case of need
- All service charges and taxes

## **Cost Excludes**

- Lunch and Dinner in Kathmandu and in Nepaljung
- Personal trekking gears / Equipment
- Bottled drinks, Bar bills
- Extra activities which are not mentioned in trekking itinerary
- Any tipping
- Cost of emergency evacuation in case of need
- Travel insurance and medical expenses

## **Useful Note**

## **Trip Note**

## **Departure Note**